

ACTIVITY: The Hungry Caterpillar Toss

Domain assigned: Gross Motor

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MATERIALS:

Thick poster board, plastic fruit/bean bags (depending on sensory needs), paint, The Hungry Caterpillar book

TARGETED SKILLS (include domains addressed by the targeted skills):**Physical (Motor):**

Aiming for a target

Throwing an object

Social Emotional:

Building upon a relationship with an adult figure

Language:

Following and expanding upon a story

IDEAS FOR DIFFERENTIATION:**Modifications/Adaptations:**

The mouth of the caterpillar can either be made bigger or smaller depending on child skill level.

Change the distance from where the children stand when throwing.

Use different textured materials to throw

Shortened version of the Hungry Caterpillar for learners with short attention spans

Extensions or Other Ideas to Use This Activity:

Have the children work on overhand throwing after they have done underhand enough times.